ASK!
ADOPTION SUPPORT FOR KENTUCKY

Adoption Support for Kentucky (ASK) is an **award-winning peer support system** that offers **training** and **support** to foster and adoptive parents to help reduce caregiver stress and strengthen families. **ASK virtual sessions** are facilitated by seasoned foster/adoptive parents with lived experience and provide **ongoing support** and **specialized training**.

Have questions? **Contact ASK@uky.edu**

SCAN TO JOIN A SESSION

ASK Support Groups provide a **safe and compassionate** environment that promotes a **sense of community** and **meaningful guidance**.

ASK Virtual Trainings provide caregivers with **essential support** from seasoned facilitators in an **interactive**, **supportive** setting. Sessions also meet state requirements for **elective training credit**..

ASK! ADOPTION SUPPORT FOR KENTUCKY CONNECT

ASK CONNECT is a **strengths-based**, **non-clinical approach** to **support families after adoption** and promote **long-term family stability** and **well-being**. ASK Connect Navigators provide **direct outreach**, **assessment**, and **resource connections** for adoptive families. Navigators work with caregivers to build trust, understand family needs, and identify unique supports. Caregivers are referred to resources and services **unique to their needs** while being **empowered** and **supported**.

For more information or to connect with a navigator, **contact ASKCONNECT@uky.edu**